



**Idaho High School Activities
Association
2023-2024
Soccer Officials Packet**

unbottled.



Becoming an Official

We are so excited to hear about your interest in becoming an official. There is a great need for officials across Idaho so thank you for reaching out. The friendship and camaraderie are hands down one of the greatest reasons to officiate. Here is what you will need to become a high school official.

Registration is through Dragonflymax.com our assigning platform

1. <https://www.dragonflymax.com/module-1-signing-up>
2. Once you are registered you will complete your Sudden Cardiac arrest course and St. Luke's Concussion course. The courses can be found in your dragonfly account once created. You can also go to <https://idhsaa.org> and the two links are found under the "Officials" tab under courses.
3. There will be a NFHS test per sport that your commissioner will go over with you. It is 50 questions, you can take the test up to 5 times and it is open book.

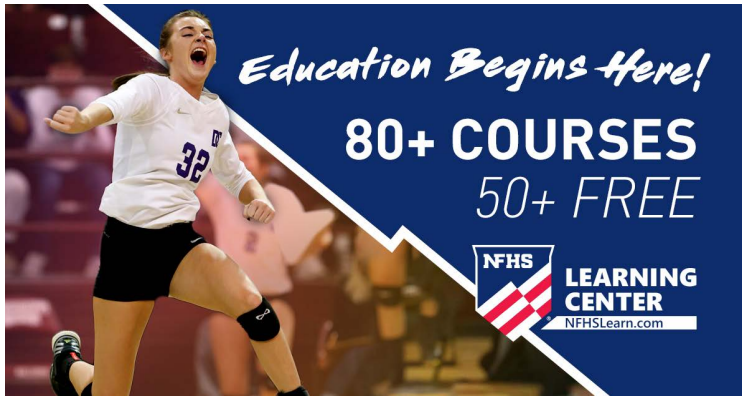
You must attend a Rules Clinic per year

Rule clinics are posted on our website at the beginning of every year on July 1st.

There will be rules clinic in your area, these meetings are required to attend in person or on-line. You will get all information from your commissioner that you will need for the season as well as your hard copy of the rule books.

Uniform and equipment

The IHSAA will contact you with commissioner contact information. Your district commissioner will let you know all you need to get the year started. It is important to reach out to your commissioner to let them know you are ready to officiate or with any questions.



Safety courses are required for all officials on even numbered years. New officials are required to take safety courses for the 23-24 school year. Courses must be taken after May 1, 2023.

Required Safety Courses:

- *Sudden Cardiac Arrest**
- *St. Luke's Concussion Course**

Follow these instructions to access the free, courses.

- ✓ Go to the IHSAA website - www.idhsaa.org
- ✓ Click school / Coaches
- ✓ Fill in required information to sign-in or create account
- ✓ Follow instructions to start course
- ✓ At the conclusion of the course, **PRINT / SAVE CERTIFICATE.**

NFHS Learn Help Desk
(317) 565-2023

2023 Soccer

Classification based on grades 9-12:

5A	1,280 and over
4A	1,279 - 640
3A	639 and under

2023 Soccer Season

First Day of Practice	August 7
First Game	After 10 days of practice
Dist. Tourn. Completion	October 14
State Play-ins	October 14
State Tournament	October 19-21

*All teams will be required to enter rosters, schedules and scores on MaxPreps.

Soccer Sports Practice Model

The IHSAA Board of Directors has adopted the fall sports practice model for soccer.

Game Limitation for Each Team

No team shall participate in more than 16 games per season.

Game Limitations for Individuals

An individual shall play in no more than 32 halves during regular season and no more than four (4) halves per day.

Game Limitations Per Day

No team or individual shall participate in more than two games per day during regular season play.

Number of Participants/Coaches/Support Personnel

At all play-in and state tournament games, varsity teams are limited to twenty-two students in uniform at the start of the contest. Violation of this rule will result in the school being assessed a maximum fine for dressing more than the approved number of players at a state play-in or tournament game with forfeiture of the game if excess numbers play. All classifications will be allowed three coaches and three support personnel to be admitted without an IHSAA card or tournament pass. Any coaches or support personnel exceeding that number must have either an IHSAA card or purchase a tournament pass.

Teams

Each school will be allowed to enter one varsity girls' team and one varsity boys' team into district competitions.

Girls will play on a separate team and boys will play on a separate team. If a school offers a boys' team and not a girls' team, girls will be allowed to play on the boys' team. If a school offers a girls' team and not a boys' team, boys will not be allowed to play on the girls' team.

Outside Competition

Competing on a club soccer team during the IHSAA season is prohibited. See Outside Competition Rule 8-11.

Soccer Practice Games

An organized scrimmage or practice with or against teams or players not belonging to their school is considered a contest, and counts toward the allowed 16 game regular season limit.

High school soccer teams are not allowed to scrimmage or practice with or against non-high school teams or players.

Playing Rules

All contests will be played under NFHS Rules. Rule books are to be picked up and signed for by the school representatives (one for boys', one for girls') at the district rules clinic.

Officials

Only IHSAA certified officials shall officiate any IHSAA contest. Officials may become certified by complying with IHSAA certification requirements. Assignment and training of officials is the responsibility of the District Board of Control of each activity district.

Sportsmanship

Sportsmanship shall be a point of emphasis for all schools sponsoring soccer. School administrators are encouraged to hold a sportsmanship meeting with all players, coaches and parents prior to the first regular season game.

Yellow Card Accumulation Program

Schools shall be required to track and record the accumulation of yellow cards (cautions) during the soccer season by an individual player or coach. The situations surrounding red cards (4-3 Ejections) are dealt with directly under IHSAA Rule 4-3 and will not change. The consequences for the accumulation of excessive yellow cards will be as follows:

1. Beginning with the first regular season contest, any player or coach who receives a total of five (5) yellow cards in one season shall be suspended from and may not participate in the next regularly scheduled contest at that level and all contests in the interim, including postseason games. Suspended players or coaches must serve their suspension in the next scheduled contest. If the total is reached in the final postseason contest, the suspension will be served in the first contest of the following year. If a senior is to serve a suspension, it shall be rolled over to the first contest of the next sport in which the athlete is involved. The IHSAA strongly recommends that school administration meet with any coach/player who reaches suspension level to address the situation and develop protocols for improvement.
2. If a player or coach receives an additional five (5) yellow cards after the first suspension, an additional two game penalty would apply and the process would be repeated. See next page:
 - 5 yellows = 1 game suspension
 - 10 yellows = additional 2 game suspension
 - 15 yellows = additional 3 game suspension, and so on.
3. A red card with 4-3 not in effect will count as two (2) yellow cards.
4. Coaches will be responsible for tracking yellow cards accumulated by their players and/or team personnel (coaches included) and report to their athletic directors. Each school is responsible for maintaining accurate records of all yellow cards received during the regular season and postseason tournaments. Schools must notify the IHSAA when the player or coach reaches suspension level. *See "Card Accumulation Notice" on the IHSAA website.
5. Officials shall include yellow card information in the DragonFly game reports when possible.
6. Yellow cards received in pre-season scrimmages or jamborees will not count towards accumulation totals.

7. Any illegal participation of suspended players or coaches may result in fines, sanctions and elimination from district and state play.
8. Any player/coach found guilty of getting him/herself deliberately cautioned will be subject to an additional match ban.
9. At the beginning of postseason play, yellow card count will reset to "0".
10. Postseason yellow card accumulation will be as follows:
 3 yellows = 1 game suspension*
 6 yellows = additional 2 game suspension*
 9 yellows = additional 3 game suspension, and so on*
** If a player or coach has reached suspension level during the regular season and receives 3 or more yellow cards during the postseason, the number of games suspended during the postseason will move to the appropriate level of suspension.*

Official Ball

The Official Soccer Ball for all play-in and state tournament games is the Baden Perfection Thermo ST7.

2023 Soccer Representation

<u>5A</u>		<u>4A</u>		<u>3A Boys</u>		<u>3A Girls</u>	
I-II	1.5	I-II	1	I-II	2	I-II	1.5
III	4.5, .5	III	2	III	1.5	III	1.5
V-VI	1.5	IV	2	IV	2.5	IV	2.5
		V	1	V	1	V	1.5
		VI	2	VI	1	VI	1

State Play-ins

The highest seeded team according to MaxPreps is the home team.

5A Play-ins

1-2B Lewiston HS
 Time 1:00 pm G / 3:00 pm B (Pacific Time)
 3F Sat., Oct. 14

5A Play-ins

3E Burley HS
 Time 1:00 pm G / 3:00 pm B
 5-6B Sat., Oct. 14

3A Boys Play-in

3B Jerome HS
 Time 1:00 pm
 4C Sat., Oct. 14

3A Girls Play-in

1-2B Lewiston HS
 Time 11:00 am (Pacific Time)
 3B Sat., Oct. 14

3A Girls Play-in

4C Burley HS
 Time 11:00 am
 5B Sat., Oct. 14

2023 Bracketing

Qualifying teams will be seeded into the state bracket according to the final REGULAR SEASON MaxPrep Rankings. The high seed is considered the home team for all matches in the tournament.

#4 Seed

#5 Seed

#1 Seed

#8 Seed

#2 Seed

#7 Seed

#3 Seed

#6 Seed

2023 State Tournament

Date: October 19-21
 Site: 5A: Eagle HS (B)/Rocky Mountain HS (G)
 4A: Brothers Fields, Caldwell
 3A: Vallivue HS, Caldwell

Time Schedule

Time schedules will be determined by each site host, depending on the number of fields available.

Size of Field

- A. The field of play shall be 100 yards to 120 yards long and 55 yards to 80 yards wide. It is highly recommended that high school games be played on a field at least 110 yards by 65 yards.
- B. In the event that a schools' field dimensions do not meet minimum standards, they shall line their field as close to the minimum standards as possible and shall indicate that their field falls below minimum standards because of geographic restrictions.

Tie Games

- A. Regular season games that are tied at the end of 80 minutes of play:
 1. The decision whether to break ties will be made prior to the game by the two teams playing.
 2. If used, tie games will be resolved by the same procedure used in (B).
- B. District, state or play-in games that are tied at the end of 80 minutes of play will be resolved as follows:
 Two (2) sudden victory (10) ten-minute overtimes will be played. If the game is still tied after the (2) 10-minute overtime periods, kicks will be taken from the penalty mark with five (5) members from each team alternating kicks. After all five (5) members from each team have kicked, the team with the most

goals will be declared the winner. If the game is still tied, the coach will select five (5) new players (different players than the first five (5) who kicked), to take alternating kicks in a sudden victory situation; if one team scores and the other team does not score, the game is ended without more kicks being taken.

Suspended Soccer Games

In the event a game must be suspended because of conditions which make it impossible to continue play, the head referee shall declare it as an official game if one complete half or more of the game has been played. If less than one-half of the game has been played, the game may be rescheduled from the point of suspension of play. If for reasons the schools are unable to reschedule the contest, the game shall be declared no-contest.

Soccer Rules Changes - 2023-2024

By NFHS on March 09, 2023 [soccer](#)

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3-3-2b (2,3) (NEW): Permits the referee to stop the clock to review game situations at any time without negatively impacting a player's ability to remain in the game.

Rationale: This rule change affords the ability for the referee to stop the clock and review situations without negatively affecting a player's ability to remain in the game. However, once the referee beckons medical professional or coach onto the field to further assess, the player must leave the field of play.

3-3-7: Clarifies where a player should re-enter the game to avoid confusion.

Rationale: This rule change clarifies that a player should re-enter the game from the official area at midfield. This avoids potential confusion as to who is or is not in the game.

3-4-1e (NEW): Clarifies players should exit the field on the bench side unless unable to do so due to injury.

Rationale: To assist the officials in the managing of substitutions, players should exit the field from the bench side when the substitute(s) are beckoned on by the referee unless the player(s) is unable to do so because of an injury. This avoids unnecessary interaction with opposing teams and fans and minimizes the potential for unsporting behavior.

4-2-12 (NEW): Defines how wearable technology devices may be worn.

Rationale: Sets a national standard for wearable technology. This change clarifies that these devices may be worn as a part of the shoe and/or under the uniform but not worn on the arm. Coaches and players are still not permitted to utilize technology to communicate during the game.

Rule 4 Reorganization: Adjusts the structure of the uniform rule to offer clarity.

Rationale: The reorganization of the uniform rule breaks up the rule into bite-size pieces that are easier for coaches and officials to apply.

11-1-5 (NEW): Defines deliberately playing the ball to clarify the existing rules.

Rationale: Defines the criteria for deliberately playing the ball when determining an offside infraction.

12-1-1 thru 3 (NEW), 18-1-1: Clarifies various foul categories and defines the seven direct free kick fouls to provide consistency.

Rationale: The new article in Rule 12 and added definitions to Rule 18 define the seven direct free kick fouls and provide consistency for officials interpreting misconduct.

12-3-2, 3 (NEW): Clarifies that neither accidental nor deliberate hand/arm contact can result in a goal.

Rationale: The new articles eliminate the necessity for the referee to determine if the hand/arm contact was accidental or deliberate. Now, neither accidental nor deliberate contact with the hand/arm result in a goal for greater consistency and ease of interpretation.

12-8-5 (NEW): Offers clarity regarding goalkeeper handling not permitted outside and inside the penalty area.

Rationale: Adding language and direction for officials regarding goalkeeper handling outside the penalty area and inside the penalty area when they are not permitted to handle the ball.

12-9-4(NEW), 12-8-1f(14, 15), 12-8-2d (3,4): Defines considerations of denying an obvious goal-scoring opportunity (DOGSO).

Rationale: This rule defines the considerations of an obvious goal-scoring opportunity to provide additional consistency and clarity for referees.

2023-24 Editorial Changes

9-1-1a

2023-24 Points of Emphasis

1. Wearable Technology
2. Coaching and Team Area Decorum
3. Denying an Obvious Goal-Scoring Opportunity (DOGSO)
4. Substitutions



GUIDELINES FOR HANDLING CONTESTS DURING **LIGHTNING DISTURBANCES**

The purpose of these guidelines is to provide a default policy to those responsible for making decisions concerning the suspension and restarting of contests based on the presence of lightning.

Proactive Planning

1. Assign staff to monitor local weather conditions before and during events.
2. Develop an evacuation plan, including identification of appropriate nearby shelters.
3. Develop criteria for suspension and resumption of play:
 - a. When thunder is heard, or a cloud-to-ground lightning bolt is seen, the thunderstorm is close enough to strike your location with lightning. Suspend play and take shelter immediately.
 - b. Thirty-minute rule: Once play has been suspended, wait at least 30 minutes after the last thunder is heard or flash of lightning is witnessed prior to resuming play.
 - c. Any subsequent thunder or lightning after the beginning of the 30-minute count reset the clock and another 30-minute count should begin.
4. Hold periodic reviews for appropriate personnel.

For more detailed information, refer to the *Guidelines for Lightning Safety* section contained in the NFHS Sports Medicine Handbook www.nfhs.org.



Check the appropriate box

This individual was ejected for committing an unsportsmanlike act. IHSAA Rule 4-3 **is** in effect.

This ejection was not the result of an unsportsmanlike act. IHSAA Rule 4-3 is **not** in effect

EJECTION REPORT FOR UNSPORTSMANLIKE CONDUCT

I, _____, a certified official from the _____ District,
Name District #
officiated the _____ contest between _____ High School and
sport
_____ High School at the _____ level on ____/____/____.
Junior Varsity/Varsity date

During the _____ of the contest, I ejected number (#) _____ from
quarter/period/match/inning
_____ High School.

Describe the unsportsmanlike act and why IHSAA Rule 4-3 is or is not in effect:

This ejection report is filed on ____/____/____ and is being sent this ____/____/____
date date
to the _____ of the _____ District in the sport of _____.
Commissioner's name District #

Official's Signature _____

This report is being sent to:

_____ at _____ High School,
Principal's name

_____, Secretary of the _____ District Board of Control,
District Secretary's name District #

_____, President of the _____ District Board of Control,
District President's name District #

_____, Executive Director of the IHSAA by the District Commissioner.
Name of IHSAA Executive Director

District Commissioner's Signature _____

4-3 **EJECTIONS**

4-3-1 In any athletic contest, including jamborees, any coach or player ejected for an unsportsmanlike or flagrant act will be suspended for the remainder of the contest/game/jamboree – and, will be suspended for the next regularly scheduled contest at that level of competition, and all other games/meets/matches in the interim, in any sport, at any level of competition. Any staff or parent/fan/spectator associated with a member school ejected for an unsportsmanlike or flagrant act will be suspended for the remainder of the contest/game/jamboree – and, will be suspended for the next two regularly scheduled contests at that level of competition, and all other games/meets/matches in the interim, in any sport, at any level of competition.

Note: Jamborees shall not be considered a regularly scheduled contest.

- a. At the time of ejection, the person/s must leave the field of play and assume a position that will not enable him or her to see or be seen.
- b. During the suspension of the next regularly scheduled contest, the player is permitted to watch the contest, but may not participate. The coach is not allowed at the contest. The parent/staff/fan/spectator is not allowed at the next two contests.
- c. Players will also be required to take the NFHS free, online sportsmanship course and submit a certificate of completion to school administration prior to reinstatement. The course must be completed between ejection and reinstatement.
- d. Coaches will also be required to take the NFHS online Teaching and Modeling Behavior course and submit a certification of completion to school administration prior to reinstatement. The course must be completed between ejection and reinstatement.
- e. Parents will also be required to earn the NFHS National Parent Credential which includes the free, online Positive Parenting Within School Programs course and The Parent Seat. Credential Certificate must be submitted to school administration prior to reinstatement. The credential must be completed between ejection and reinstatement.
- f. Other Persons (staff/fan/spectators that are not parents) will also be required to take the NFHS free, online sportsmanship course and submit a certificate of completion to school administration prior to reinstatement. The course must be completed between ejection and reinstatement.

4-3-2 A second violation will result in being suspended for the next two (2) regularly scheduled contests. The third ejection will result in suspension for the remainder of that season. If penalties are imposed at the end of the sport season and no contest remains, the penalty is carried over to that particular sport until the next school year. In the case of a senior student, the penalty will continue to the next IHSAA sponsored sport.

4-3-3 The procedure for suspension and notification is:

- a. The officiating crew must approve any additional suspension by a majority vote at the conclusion of the contest.
- b. The officials shall issue a card to the coach or school administrator when a player/ coach/staff/parent/fan/spectator is ejected from competition. The card must be issued at or prior to the conclusion of the competition in which the infraction occurred.
- c. The official must notify the ejected person/s' school administration/coach of the suspension for the next contest at or prior to the conclusion of the competition in which the infraction occurred.
- d. The game official that disqualifies an individual for an unsportsmanlike act must notify the District Commissioner with a written report by the conclusion of the next day.
- e. The District Commissioner, upon receipt of the report, shall notify the District Secretary, President of the District Board of Control, the school, and the IHSAA with a written report of the incident by the conclusion of the next school day.

4-3-4 The responsibility to enforce the penalty for being suspended lies with the school principal. Any dialogue concerning the suspension should come from the school principal and be directed to the President of the District Board of Control of the region in which the contest took place. The President of the District Board of Control (of the region in which the contest took place) may appoint a hearing committee to hear any appeals within 48 hours of the receipt of a complete report of the incident. It is the responsibility of the secretary of the District Board of Control in which the hearing took place, to notify the district Board of Control secretary in which the student athlete or coach resides. Appeals may not deal with decisions made by contest officials.

4-3-5 When an individual is suspended for the next contest, the interpretation of “contest” is as follows:

Football: next game	Volleyball: next match
Basketball: next game	Cross Country: next meet
Wrestling: next contest	Softball: next game
Baseball: next game	Track: next meet
Tennis: next match	Golf: next match
Soccer: next match	Swimming: next meet

4-3-6 Any ejection that is the result of physical contact or excessive verbal abuse by a player/coach on a game official will be referred to the local District Board of Control for review to determine if any additional reprimand or suspension is warranted.

4-3-7 If a coach is ejected from an IHSAA contest, the designated school administrator must appoint an appropriately qualified adult to supervise the remainder of the contest or forfeit the contest.

IHSAA Rule 4-3 Application

Paraphrasing NFHS Rule 12-9, Article 2, page 63:

Rule 12-9 MISCONDUCT

Article 2...A player, coach or bench personnel shall be disqualified (red card) for:

- a. exhibiting violent conduct **4-3 DA**
- b. taunting – use of word or act to incite or degrade an opposing player, coach, referee or other individual **4-3 DA**
- c. subsequent caution **4-3 DNA**
 - NOTE: *If both cautions are for dissent*** **4-3 DA**
- d. committing serious foul play;
 - 1. the use of disproportionate and unnecessary force against an opponent while playing for the ball. **4-3 DA:**
 - 2. a player (other than the goalkeeper within the team's own penalty area) deliberately handles a ball, attempting to prevent a goal and the goal is not scored. **4-3 DNA**
 - 3. a player commits a foul outside the penalty area when attempting to deny an obvious goal-scoring opportunity, and the goal is not scored. (*DOGSO*) **4-3 DNA**
 - 4. a player commits a foul, inside the penalty area, while not attempting to play the ball, denying the opponent an obvious goal-scoring opportunity (*DOGSO*) and referee awards a penalty kick. **4-3 DA**
- e. spitting at an opponent, teammate or game official **4-3 DA**
- f. using insulting, offensive or abusive language or gesture **4-3 DA**
- g. leaving the team area to enter the field where a fight or altercation is taking place unless summoned by an official **4-3 DA**

DNA = 4-3 does not apply

DA = 4-3 does apply